The Association of Parents and Friends of ACT Schools (APFACTS) is the voice of non-government school parents (Catholic and Independent) in the ACT. For more information, visit our website at www.apfacts.org.au or find us on Facebook at www.facebook.com/Apfacts

APFACTS Website Re-Launched

We are pleased to announce that we have redeveloped our website to improve the usability and functionality of the site. We encourage you to visit the site and we look forward to hearing your feedback:

www.apfacts.org.au

Australian Parents Council (APC) Conference

The Association of Parents & Friends of ACT Schools (APFACTS) is an affiliate of the APC and the APC is the national voice and advocate for the parents of 1,285,000 students attending non-government schools in Australia (Catholic and Independent). As part of the APC annual conference in Adelaide this year there will be a Seminar on Friday, 21st August which will feature The Hon Christopher Pyne, Minister for Education and Training and prominent Australian economist and social commentator on innovation, Nicholas Gruen. To find out more please follow the link below:

http://createsend.com/t/d-BD96DE72D2015625

RAISING RESILIENT TEENAGERS – RESEARCH INVITATION

A research team at Monash University and the University of Melbourne has recently developed a new online parenting program aimed at helping parents raise resilient teenagers. The program is entirely online, and provides parents with practical strategies that they can use to reduce the risk of mental health problems such as depression and anxiety in their teenagers.

They are currently looking for parents and their teenagers, aged 12 to 15 (inclusive), to take part in a free trial of the program. Participants need to reside in Australia and have regular access to the internet:

http://parentingstrategies.net/depression.brief.intervention/index.php

Julie Sengelman
APFACTS Executive Officer