Creative After School Classes in 2016

Belconnen Community Centre
Swanson Court Belconnen, ACT

We offer creative after school classes for children and young people with mild to moderate mental health issues through the Bungee program.

*Bungee* is an early intervention and preventative mental health service based on principles of active participation, social inclusion and the therapeutic potential of the arts.

Through our recreational activities we promote creativity and social learning as positive ways of enhancing resilience, positive self-images and emotional well-being in children and young people.

Bungee welcomes all participants who would benefit from such programs.
The activities are especially tailored to suit children and young people who are going through challenging times in their lives or are experiencing mental health issues.

**Bungee also offers individual counselling sessions and therapeutic support.** Up to 8 sessions per child are available to identify the individual needs of children, and the way that their development can be supported through individual and group work, and through parental support.

For enquiries and bookings please contact the Bungee team:

6264 0200 or email bungee@bcsact.com.au

We also offer classes at the Tuggeranong Child and Family Centre.
Please contact the Bungee team for further information.
Creative After School Classes in 2016

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Swanson Court, Belconnen ACT

EXPRESSIVE ART
Made by Me
Age 7 - 11
Mondays 4.30 – 5.30 pm
8 February – 4 April
2 May – 27 June
25 July - 19 September
17 October - 5 December

DRAMA
Acting Up
Age 8 - 13
Tuesdays 4.00 – 5.30 pm
9 February – 5 April
3 May – 28 June
26 July - 20 September
18 October - 6 December

YOUTH ART
Print Making
Age 12 - 18
Thursdays 4:00 – 5:30pm
11 February – 7 April
5 May – 30 June
28 July - 22 September
20 October - 8 December

If classes are fully booked we offer places on waitlists.
All classes are free and ongoing throughout the year. It is advisable to book early as classes fill quickly.